

AVAILABLE EVERY DAY

SANDWICHES (white, wholemeal, Gluten Free bread or wrap)		SALAD AND SUBS Choose your sauce - tomato, bbq, mayo or ranch dressing		DRINKS AND SNACKS	
Cheese	2.50	Garden Salad	5.00	Milk (choc, 300ml)	2.50
Cheese and tomato	3.00	carrot, cucumber, tomato and capsicum)		Pop top Juice 250mls	2.50
Ham or chicken	4.00	Cesar Salad	5.00	(Apple/ Blackcurrant/ Orange)	
Ham or chicken and cheese	4.50	(lettuce, bacon, egg and parmesan cheese)		Water (600ml)	2.50
Ham or chicken, cheese and tomato	5.00			Fruit Salad *	3.50
Ham or chicken and salad	5.50	SUB – 6 inch long roll with lettuce and sauce		Yoghurt (vanilla) *	2.50
Egg	3.00	Sweet Chili chicken	6.00	Boiled egg *	0.50
Egg and lettuce	3.50	Salt' n' Vinegar chicken	6.00	Muffin *	3.00
Salad (lettuce, tomato, cucumber, carrot)	4.50	Chicken nuggets	6.00	Popcorn (air popped corn)	1.00
		Fish nuggets	6.00		

SPECIALS

MONDAY	\$	TUESDAY	\$	WEDNESDAY	\$	THURSDAY	\$	FRIDAY	\$
Chicken burger *	5.00	Mac & Cheese	5.00	Toasted chicken wrap *	5.00	Loaded Potato Wedges	5.00	Beef or Chicken Noodles	5.00
Chicken breast fillet lightly coated in herbs served with bacon, lettuce and cheese on a bun + choice of sauce		Freshly made on site Bacon Pasta in our homemade creamy sauce Vegetarian option available		Chicken pieces with lettuce, tomato, cheese and ranch dressing in a toasted wrap		Plain Wedges or with bacon and cheese		Thin noodles with beef or chicken meat Carrot, peas and corn	

- *Gluten free options are available. Please mark GF on order.*

Ordering from the RGS Tuckshop

Money and order on paper bag to be taken at the RGS Primary School Office before 8.30am or phone orders can be placed between 8am – 9am daily on 4936 0658. Payment can be made at the time of order with Visa/credit card. A copy of the receipt will be sent home. All orders will be delivered at first break only, every day. The RGS Tuckshop is open until 1.20pm each day.

